A. PEDro update (1 February 2016)

PEDro contains 32,263 records. In the 1 February 2016 update you will find:

- 25,794 reports of randomised controlled trials (25.079 of these trials have confirmed ratings of methodological quality using the PEDro scale)
- 5,915 reports of systematic reviews, and
- 554 reports of evidence-based clinical practice guidelines

B. Who used PEDro in 2015?

An analysis of the contents of PEDro in the 4 January 2016 update is now available on the PEDro statistics page.

In summary, the number of reports of trials has continued to expand at an exponential rate.
Musculoskeletal and cardiothoracic physiotherapy have the largest quantity of trials, reviews and guidelines indexed on PEDro.

For all trial reports indexed on PEDro, the average total PEDro score is 5.0 (standard deviation 1.6). 35% of trial reports are of moderate to high quality, scoring ≥ 6/10 on the PEDro scale. Reports were published in a total of 29 different languages.

During 2015 PEDro was used to answer 2,043,212 questions. This means that a new search was initiated every 15 seconds, on average, during 2015. PEDro users were from 222 countries. The five countries with the highest usage in 2015 were the United States of America (14.4%), Brazil (11.5%), Australia (9.6%), Spain (7.5%), and the Germany (4.3%).

C. PEDro systematic review update in the BJSM

A new PEDro systematic review update has been published in the British Journal of Sports Medicine:
Educational interventions are effective in treating childhood obesity

D. Next PEDro update (March 2016)
Next PEDro update is on Monday 7 March 2016.

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